

Week of November 1-2, 2018

Pre-Paid Meals Available

Menu Subject to Change

Atlantic City High School	Monday	Tuesday	Wednesday	Thursday 11/1/2018	Friday 11/2/2018
	3			WG Chicken Tenders	WG Chicken Tenders
				BBQ Baked Bean	Steamed Green Beans
COUL				Beef Hamburger on WW Bun	Turkey Bacon Cheeseburger on WW Bun
GRILL				Halal Chicken Cheese Steak WG Sub Roll	WG Chicken Patty on WW Bun
				Chinese WG Popcorn Chicken Stir Fry w Brown Rice	Halal Jamaican Beef Patty
Vegetarian Option				Grilled Cheese on Whole Wheat Bread	Grilled Cheese and Tomato Whole Wheat Bread
PIZZA				Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza
PIZZA				WG Cheese Pizza	WG Cheese Pizza
				Buffalo Chicken WG Pizza	Meat Lovers WG Pizza
DELI				Made to Order Deli Whole Banana	Made to Order Deli Whole Pear
				Apple Sauce Cups Made to Order Pasta	Apple Sauce Made to Order Pasta
				Buffalo Chicken Panini	Chicken & Swiss Panini
FAST TAKES				Spinach Salad Three Bean Salad Carrot Sticks Egg Salad WG Roll Buffalo Chick Salad Yogurt Boat	Spinach Salad Cole Slaw Turkey Club Wrap Chick Caesar Salad Yogurt Boat
Teresa Smith General Manager (609) 343–7300 Ext. 4741	Enhanced Options available daily with each Meal! Choice of Reduced Fat and Fat Free Milk, Fresh & Canned Fruit, Assorted Juice. Lunch: \$3.00 Reduced: \$.40 Adult Lunch: \$4.75 The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department To file a complaint of discrimination write U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Ave., S.W., Washington, D.C. 20250-9420, by fax (202) 690-7442 or email at program.intake@usda.gov				

What's a Type A Lunch? 1 Serving Protein: 1 Serving Grain: 1 Serving Fruit: (you may take up to 2 servings): 1 Serving Vegetable (you may take up to 2 servings):1 Serving Milk. You may take all 5 components: You must take 3 components of which one MUST be 1 serving fruit or 1 serving vegetable.



Week of November 5–9, 2018

Pre-Paid Meals Available

Menu Subject to Change

Atlantic City. High School	Monday 11/5/2018	Tuesday 11/6/2018	Wednesday 11/7/2018	Thursday 11/8/2018	Friday 11/9/2018
SIRE	Tacos Beef or Turkey	No	Taco Beef or Turkey	No	No
2112	Sweet Potato Fries	School	Collard Greens	School	School
	Beef Cheeseburger on WW Bun		Halal Chicken Cheese Steak WG Sub Roll		
GRILL	Cheeseburger Wrap Hot Dog Bar On WW Bun		Pizza Beef Burger on WW Bun Meatball WG Sub Roll		
Vegetarian Option	Egg & Cheese Omelet WG Bagel		WG Fishwich WW Bun		
DIFF	Turkey Pepperoni WG Pizza		Turkey Pepperoni WG Pizza		
PIZZA	WG Cheese Pizza		WG Cheese Pizza		
	Hawaiian WG Pizza		Buffalo Chicken WG Pizza		
DELI	Made to Order Deli Whole Nectarine Diced Peaches		Made to Order Deli Whole Orange Diced Pears		
FAST TAKES	Made to Order Pasta Ham, Cheddar & Apple Panini Spinach Salad Parisian Carrot Salad Turkey & Cheese WG Sub Roll		Made to Order Pasta Italian Panini Spinach Salad Broccoli Slaw Carrot Sticks Tuna Fish WG Sub Roll Chicken Caesar		
	Chicken Caesar Salad Yogurt Boat		Salad Yogurt Boat aily with each Meal! Choice		e Milk,

Teresa Smith General Manager (609) 343–7300 Ext. 4741 Enhanced Options available daily with each Meal! Choice of Reduced Fat and Fat Free Milk, Fresh & Canned Fruit, Assorted Juice.

Lunch: \$3.00 Reduced: \$.40 Adult Lunch: \$4.75

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Week of November 12–16, 2018

	Pre-Paid Meals Available		Menu Subject to Change		
Atlantic City. High School	Monday 11/12/2018	Tuesday 11/13/2018	Wednesday 11/14/2018	Thursday 11/15/2018	Friday 11/16/2018
200	No School	WG Chicken Tenders	WG Chicken Tenders	WG Chicken Tenders	WG Chicken Tenders
		Corn	Spinach	BBQ Baked Beans	Steamed Green Beans
		Beef Hamburger on WW Bun	Beef Hamburger on WW Bun	Beef Hamburger on WW Bun	Turkey Bacon Cheeseburger on WW Bun
GRILL		Beef Cheese Steak WG Sub Roll	Meatball Parm WG Sub Roll	Halal Chicken Cheese Steak WG Sub Roll	WG Chicken Patty on WW Bun
Vegetarian Option		WG Chicken Quesadilla	WG Chicken Patty on WW Bun	Chinese WG Popcorn Chicken Stir Fry w Brown Rice	Halal Jamaican Beef Patty WW Bun
		Grilled Cheese on Whole Wheat Bread	WG Fishwich WW Bun	Grilled Cheese on Whole Wheat Bread	Grilled Cheese & Tomato Whole Wheat Bread
PIZZA		Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza
PLEER		WG Cheese Pizza	WG Cheese Pizza	WG Cheese Pizza	WG Cheese Pizza
		BBQ Chicken WG Pizza	Taco WG Pizza	Buffalo Chicken WG Pizza	Meat Lovers WG Pizza
DELI		Made to Order Deli Whole Apple Fruit Cocktail	Made to Order Deli Whole Orange Diced Pears	Made to Order Deli Whole Banana Apple Sauce Cups	Made to Order Deli Whole Pear Apple Sauce
		Made to Order Pasta	Made to Order Pasta	Made to Order Pasta	Made to Order Pasta
FAST TAKES		Turkey Red Pepper Panini Spinach Salad	Italian Panini Spinach Salad Broccoli Slaw	Buffalo Chicken Panini Spinach Salad Three Bean Salad	Chicken & Swiss Panini Spinach Salad
PAST TAKES		Corny Pepper Salad Chicken Salad WG Sub Roll Chef Salad Yogurt Boat	Carrot Sticks Tuna Fish WG Sub Roll Chicken Caesar Salad Yogurt Boat	Carrot Sticks Egg Salad WG Roll Buffalo Chick Salad Yogurt Boat	Cole Slaw Turkey Club Wrap Chicken Caesar Salad Yogurt Boat
	Enhanced Options available daily with each Fail Choice of Reduced Fat and Fat Free Milk,				

Enhanced Options available daily with each Meal! Choice of Reduced Fat and Fat Free Milk, Fresh & Canned Fruit, Assorted Juice.

Lunch: \$3.00 Reduced: \$.40 Adult Lunch: \$4.75

Teresa Smith General Manager (609) 343–7300 Ext. 4741

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School Services



Week of November 19 – 23, 2018

	Pre-Paid Meals Available			Menu Subject to Change		
Atlantic City. High School	Monday 11/19/2018	Tuesday 11/20/2018	Wednesday 11/21/2018	Thursday 11/22/2018	Friday 11/23/2018	
	Tacos Beef or Turkey	Tacos Beef or Turkey	Tacos Beef or Turkey	No	No	
	Sweet Potato Fries	Seasoned Peas	Collard Greens	School	School	
	Beef Cheeseburger on WW Bun	Hamburger on WW Bun	Halal Chicken Cheese Steak WG Sub Roll			
GRILL	Cheeseburger Wrap Hot Dog Bar On WW Bun	Chicken Parm Wrap Buffalo WG Chicken Patty on WW Bun	Pizza Beef Burger on WW Bun Meatball WG Sub Roll			
Vegetarian Option	Egg & Cheese Omelet WG Bagel	Grilled Cheese on Whole Wheat Bread	WG Fishwich on WW Bun			
PIZZA	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza			
T LUZIN	WG Cheese Pizza	WG Cheese pizza	WG Cheese Pizza			
	Hawaiian WG Pizza	BBQ Chicken WG Pizza	Buffalo Chicken WG Pizza			
DELI	Made to Order Deli Whole Nectarine Diced Peaches	Made to Order Deli Whole Apple Fruit Cocktail	Made to Order Deli Whole Orange Diced Pears			
	Made to Order Pasta	Made to Order Pasta	Made to Order Pasta			
	Ham, Cheddar & Apple Panini	Turkey Red Pepper Panini	Italian Panini			
FAST TAKES	Spinach Salad Parisian Carrot Salad Turkey & Cheese WG Sub Roll Chicken Caesar Salad	Spinach Salad Corny Pepper Salad Chicken Salad WG Sub Roll Chef Salad	Spinach Salad Broccoli Slaw Carrot Sticks Tuna Fish WG Sub Roll Chicken Caesar Salad			
	Yogurt Boat Enhanced C	Yogurt Boat Options available daily	Yogurt Boat with each Meal! Choice	of Reduced Fat and Fa	t Free Milk,	
Teresa Smith	Fresh & Canned Fruit, Assorted Juice. Lunch: \$3.00 Reduced: \$.40 Adult Lunch: \$4.75					
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Week of November 26-30, 2018

Pre-Paid Meals Available

Menu Subject to Change

Atlantic City.	Monday	Tuesday	Wednesday	Thursday	Friday	
High School	11/26/2018	11/27/2018	11/28/2018	11/29/2018	11/30/2018	
ZIZ	WG Chicken Tenders Carrots	WG Chicken Tenders Corn	WG Chicken Tenders Spinach	WG Chicken Tenders BBQ Baked Bean	WG Chicken Tenders Steamed Green Beans	
	D (0)					
	Beef Cheeseburger on WW bun	Beef Hamburger on WW Bun	Beef Hamburger on WW Bun	Beef Hamburger on WW Bun	Turkey Bacon Cheeseburger on WW Bun	
GRILL	Beef Hot Dog Bar WW Bun	Beef Cheese Steak WG Sub Roll	Meatball Parm WG Sub Roll	Halal Chicken Cheese Steak WG Sub Roll	WG Chicken Patty on WW Bun	
Vacatarian Ontion	WG Chicken Parm Patty on WW Bun	WG Chicken Quesadilla	WG Chicken Patty on WW Bun	Chinese WG Popcorn Chicken Stir Fry w Brown Rice	Halal Jamaican Beef Patty	
Vegetarian Option	Egg & Cheese Omelet on WG Bagel	Grilled Cheese on Whole Wheat Bread	WG Fishwich WW Bun	Grilled Cheese on Whole Wheat Bread	Grilled Cheese and Tomato Whole Wheat Bread	
DIFFA	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	Turkey Pepperoni WG Pizza	
PIZZA	WG Cheese Pizza	WG Cheese Pizza	WG Cheese Pizza	WG Cheese Pizza	WG Cheese Pizza	
	General Tso Chicken WG Pizza	BBQ Chicken WG Pizza	Taco WG Pizza	Buffalo Chicken WG Pizza	Meat Lovers WG Pizza	
DELI	Made to Order Deli Whole Nectarine Diced Peaches	Made to Order Deli Whole Apple Fruit Cocktail	Made to Order Deli Whole Orange Diced Pears	Made to Order Deli Whole Banana Apple Sauce Cups	Made to Order Deli Whole Pear Apple Sauce	
	Made to Order Pasta	Made to Order Pasta	Made to Order Pasta	Made to Order Pasta	Made to Order Pasta	
	Ham, Cheddar & Apple Panini Spinach Salad	Turkey Red Pepper Panini Spinach Salad	Italian Panini Spinach Salad Broccoli Slaw	Buffalo Chicken Panini Spinach Salad Three Bean Salad	Chicken & Swiss Panini	
FAST TAKES	Parisian Carrot Salad Turkey & Cheese WG Sub Roll Chicken Caesar Salad	Corny Pepper Salad Chicken Salad WG Sub Roll Chef Salad Yogurt Boat	Carrot Sticks Tuna Fish WG Sub Roll Chicken Caesar Salad Yogurt Boat	Carrot Sticks Egg Salad WG Roll Buffalo Chick Salad Yogurt Boat	Spinach Salad Cole Slaw Turkey Club Wrap Chick Caesar Salad Yogurt Boat	
	Yogurt Boat	Ontions smallette d. 9	with and Maril Oli	of Dodings J. Colored C.	t Fran Milli	
Teresa Smith General Manager (609) 343–7300	Enhanced Options available daily with each Meal! Choice of Reduced Fat and Fat Free Milk, Fresh & Canned Fruit, Assorted Juice. Lunch: \$3.00 Reduced: \$.40 Adult Lunch: \$4.75					
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